

**Hackney Lunch Clubs**

A lunch clubs service that decreases social isolation and promotes the health and wellbeing of older people in Hackney.

All aged 55+ are welcome to attend lunch clubs. Please contact the relevant lunch club directly if you are interested in joining.

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| **Name** | **Address** | **Contact**  | **Days open**  |
| An Viet Lunch Club (Vietnamese) c/o Hackney Chinese Community Services | 28-32 Ellingfort RoadLondon E8 3PA | 020 8986 6171info@hackneychinese.org.ukWing Kong Fung Yan Ma, Wai Lam  | Monday, Wednesday, Friday(9:30am-4:30pm) |
| VLC Lunch Club (Vietnamese) | Centre 151151 Whiston RoadLondon E2 8BN | 020 7739 3650vietnamlaocambodia@yahoo.co.ukCam Tu Phan | Wednesday, Saturday (10:30am-1pm) |
| Chats Lunch Club (Caribbean) | Clapton Park Methodist Church 99 Chatsworth RoadLondon E5 0LH | 07852-572-096chatslunchclub@yahoo.co.ukVelma Bramble  | Monday (12-1) chair-based exercise Thurs (11am-4pm) coffee/lunch etc. |
| Hackney Caribbean Elderly Organisation LC(Caribbean) | 39 Leswin RoadLondon N16 7NX | 020 7923 3536info@hackneycaribbean.org.ukLullyn Tavares | Tuesday, Wednesday, Thursday (10:30am-3:30pm) |
| Hackney Chinese Community Services LC(Chinese) | 28-32 Ellingfort RoadLondon E8 3PA | 020 8986 6171info@hackneychinese.org.ukWing Kong Fung Yan Ma, Wai Lam  | Monday, Wednesday, Friday(9:30am-4:30pm) |
| Hackney Cypriot Association LC(Cypriot) | 5 Balls Pond RoadLondon N1 4AX | 0207 254 7920hackneycypriotassoc@gmail.comCemile Goksan | Tuesday, Wednesday, Thursday (9am-5pm) |
| Halkevi Lunch Club(Turkish, Kurdish) | 31-33 Dalston LaneLondon E8 3DF | 020 7249 6980halkeviuk@googlemail.comYashar Ishmailoglu | Monday, Wednesday (12-3pm) |
| Holly Street Lunch Club(General) | 331 Queensbridge Road, London E8 3LA  | 020 7923 1282 HS.LunchClub@aol.comNerine O’Connor  | Monday, Wednesday, Friday (9am-2pm) |
| Hot Line Meals Lunch Club(Jewish/Kosher) | Schonfeld Square Care Home, N16 0QQ(for residents only) | 020 8800 0414 info@hotlinemeals.org.ukMrs Rappaport  | Sunday to Thursday |
| Nightingale Lunch Club(General) | 19 Olympus Square Nightingale Estate London E5 8DS | 020 8985 1309 noreen.nightingaleclub@gmail.comDenise Northfield  | Monday to Friday (9:30am-1:30pm) |
| North London Muslim Community Centre LC(Muslim, South Asian) | 66-68 Cazenove RoadLondon N16 6AA | 020 8806 1147 ex4info@nlmcc.org.ukJaved Isrolia | Weds 2pm (men) Tues 2pm (women) |
| “Lunch Up” Lunch Club (General) | Redmond Community Centre, Kayani Ave, Woodberry DownLondon N4 2HF | 020 8802 7580 / 07804-693-461lunchup347@gmail.comLydia Batchelor | Tuesday, Saturday (12:30-2pm) booking essential |

For general information about the lunch club programme please contact rachel@hcvs.org.uk.