



Contact us

For further information on the service, please email info@growingminds.org.uk

Children, young people, young adults and parents/carers can self-refer or be referred by Children's and Adult Social Care, CAMHS, a GP, education providers, or the Voluntary and Community Sector.

Growing Minds is funded by the Department of Health and City & Hackney Integrated Commissioning Board (partnership between CCG and Local Authority)

CAMHS Alliance, a multi-organisational agency, was created in April 2015 to develop better ways of partners and organisations working together to deliver care services that can reach more children, young people, families, schools and the wider community.

Growing Minds is a partnership of the following organisations:



Growing Minds



Growing Minds aims to improve children and young people's emotional health and wellbeing in City & Hackney during the important transition years from primary to secondary school and secondary school to adulthood.

What is Growing Minds?

Growing Minds is a three-year initiative funded by the Department of Health and City and Hackney CCG. We use a community in reach approach to create fairer systems, services and support for children and young people aged 9 to 25 of African, Caribbean and mixed heritage (ACH).

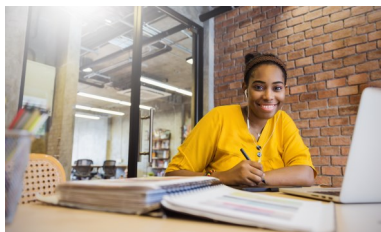
We work with young people during the important transition years from primary to secondary school and from secondary school to adulthood, including those children and young people who are not in education, employment or training.

Community leaders and health professionals work together to offer children and parents 1:1 support or group support. We work holistically and systemically using a whole-family approach. Building on the strengths of children, young people and parent/carers, we combine practical and emotional help tailored to meet the need of each family.

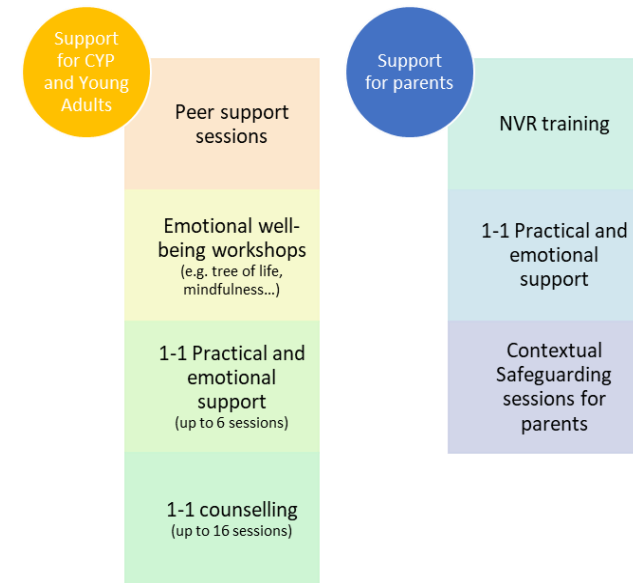
Who is part of Growing Minds?

Growing Minds is a partnership of the following organisations:

- Off Centre at Family Action
- Hackney CVS
- African School
- Father 2 Father
- Black Parent Network



What support do we offer?



How can I make a referral?

Children, young people, young adults and parents/carers can self-refer to growing minds by completing the referral form you will find at www.family-action.org.uk/growing-minds and emailing it to info@growingminds.org.uk. If you are unsure about how to complete the form you can also visit our partner organisations and someone there will help you filling the form.

Professionals (e.g. schools, GPs, social worker...) can also support families and young people (+16) to complete a self-referral.

Once you have completed the referral we will contact you to let you know that we have received it and inform you of the next steps.

If you have any questions about making a referral please send your contact details to info@growingminds.org.uk and we will get in touch with you in 2 to 8 working days.