



Autism & Ageing

A 1-day course

Cos Michael is an autism consultant and trainer, specialising in adulthood and ageing. Having been diagnosed with Asperger's syndrome aged 50, Cos joined the National Autistic Society, to lead their Autism in Maturity, then Autism and Ageing projects. Through this work, Cos gained a specific knowledge of issues around autism and growing older as it impacts on health, social life, home care, supported environments and communication.

Hackney Service Centre, Room 2.01

20th of September 2018

09:15 Registration

16:30 Finish

Late-comers will be refused entry and a £100:00 non-attendance fee charged as per our T&Cs.

the Workforce Development team

Application Forms to:
trainingHSC@hackney.gov.uk
Further information:
terry.cocklin@hackney.gov.uk

Autism and Ageing

Whilst Ageing is not strictly a condition to be diagnosed, it can have a profound effect upon autistics. This 1-day course has been commissioned to support the Autism Dual Diagnosis programme.

Aim:

- Understand the physical, mental and emotional impact of autism on ageing;
- Adapt interaction and environment to ensure best outcomes for ageing autistic people;
- Ensure care staff recognise and are comfortable with behaviour and communication differences they may encounter in contact with ageing autistic people.

Learning Objectives:

By the end of the course the learner will:

- Understand the differences experienced by autistic people;
- Recognise how autism may impact health and wellbeing in later life;
- Understand how to identify and implement basic strategies of support;
- Where to look for information.

Topics covered:

- What is autism?
- Communication;
- The sensory world.

Health

- Links between co-morbidities & health in later life;
- Links between lifestyle & health in later life;
- Maintaining and supporting good health;
- Coping with clinical settings.

Wellbeing

- Social interaction;
- Accessing social networks;
- Carers in the home;
- Residential care.

Venue: Room 2.01, Hackney Service Centre, 1 Hillman Street, Hackney, E8 1DY

Parking and attendance: There is very limited parking available around the venue. Please ensure that you allow plenty of time.

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