

# Herbal Craft

FREE 6-week course

HACKNEY  
HERBAL //

*This course is funded by The Big Lottery Fund and the European Social Fund for economically inactive and long term unemployed Black, Asian and Minority Ethnic (BAME) women who have the right to work in the UK.*



A practical course that will show you how to use **herbs for wellbeing**. This hands-on course will teach you the history, properties and uses of herbs and how to make **herbal products to take home**.

## Topics include

- *organic gardening*
- *using herbs for skincare*
- *making your own herbal tea*
- *herbs for first aid*
- *herbal products for the home*
- *boosting health with seasonal herbs*



## Course details

**6 weeks** starting on Monday 15th October 2018, 11 - 1pm

**Taster session:** Monday 8th October 2018, 11 - 1pm

**Location:** Hackney City Farm, 1a Goldsmiths Row, London E2 8QA

## REGISTER YOUR INTEREST

Spaces limited, please book your space by contacting Natalie on [hello@hackneyherbal.com](mailto:hello@hackneyherbal.com) or calling [020 8616 0698](tel:02086160698)



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## Further Course details

Come and find out more about the course and complete your registration on

**Friday 5th October**  
**10 - 1pm**

## Location:

*Hackney Herbal*  
*Unit 16, 8-20 Well Street,*  
*E9 7PX*  
(Ring buzzer no. 16)



## Course Location

*Hackney City Farm*  
*1a Goldsmiths Row*  
*Hackney, E2 8QA*

## Course dates

11am - 1.00pm  
8th Oct Taster session  
15th, 29th Oct  
5th, 12th, 19th Nov



## TO FIND OUT MORE

Please contact Natalie on [hello@hackneyherbal.com](mailto:hello@hackneyherbal.com) or calling [020 8616 0698](tel:02086160698)